



FIRST YEARS MENTORSHIP: GETTING STARTED

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To create a record of competency development across the course of the program, you will **provide 3 videotapes of intervention sessions**: the *first*, submitted near the end of the first semester; the *second*, submitted at the beginning of the mentored experience, and the *third* during the last course. The objectives of requiring three videotapes include:

1. obtaining a baseline record of intervention skills;
2. evaluating changes in intervention over time;
3. providing written feedback and suggestions; and
4. ensuring that skills reflect FIRST YEARS minimal competencies upon completion of the certificate.

The first video tape will be due to me by:

Class of	Due by:
2012 , entering fall, 2010	Friday, December 3, 2010
2013 , entering fall, 2011	Friday, December 2, 2011
2014 , entering fall, 2012	Monday, December 3, 2012

You will need to **provide a signed release form** for each student in the video. The release form is available at: <http://firstyears.org/mentorship/FY-release-form.pdf>

This first video is used as a baseline of your skills and to introduce you to your mentor. You will not get any feedback on this video until you meet with your mentor. Please be as natural as possible. **We want to see a typical lesson or session, i.e. 30-60 minutes. Send the videos (or DVD/CDs if you prefer) to me so that I can watch them to be sure there are no technical problems (good sound and visuals). You should check this yourself before you send your video to me.** I hold onto them until the mentors are assigned and come to Chapel Hill for training.

Additional information you will need to send with your video is available at: <http://firstyears.org/mentorship/FY-videotape-info.pdf> This document allows you to tell us a little more about yourself and will be provided to your mentor. Write as much as you want your mentor to know.

Next, **the FIRST YEARS Competencies Checklist**, available at <http://firstyears.org/mentorship/FY-compentencies.doc>, is used by your mentor to review and evaluate your videos and “live” intervention. This list is not meant to be the comprehensive list of things for you to accomplish. Rather, the checklist is a guide to be used by you and your mentor. Don't be overwhelmed by it.

After the mentor training, **the mentors get in touch with you** to arrange the first week of your mentorship. They typically watch the videos to get some idea of where your skills are and what areas they might choose to target for practice when you are with them. We recommend that they watch the video with you when you go to them to begin the mentorship experience so the two of you can discuss what competencies you want to work on while there.

The mentorship experience requirement is 10 days with your mentor. **The earliest possible time for you to complete the required *first 5 days at the mentor's site is during the spring.*** Those five days must be consecutive and at the mentor's site. The remaining 5 days must be completed *before* the end of your last semester in your program. Those days can be negotiated with your mentor so that you can go back to the mentor's site, the mentor can come to you at your site, or a combination thereof. You are responsible for making your own transportation and housing arrangements. **If the mentor travels to your site for any part of the second 5 days, you are responsible for the mentor's expenses.**